



Prompt Questions for Expenses Spreadsheet

FOOD

- How much do you spend on food each week/month? Consider what you eat for breakfast, lunch including school lunches, snacks, drinks and dinner and add it up.
- What else would you like to buy to eat or drink each week if you had enough money? How much additional money would you need to buy these things?

TOILETRIES

- How much do you spend on toiletries each week/month? Consider things like toothbrushes, toothpaste, shower gel, sanitary products, shampoo and other hair products, razor, medicine, haircuts or maintenance or protective hairstyles such as wigs, braiding etc

HOUSEHOLD GOODS

- How much do you spend on household goods (such as cleaning products , laundry detergent, toilet paper, homewares etc)?
- What other household goods would you like to buy each week if you had enough money? How much additional money would you need to buy these things?

CLOTHING

- How much do you spend on clothing each month? Consider clothing, shoes, school uniform, PE kit, school bag, coats, headscarves etc.
- What other items would you buy if you had enough money?

BABIES

- How much do you spend on baby items each month? Consider nappies, wipes, formula etc
- What other items would you buy if you had enough money?

TRANSPORT

- How much do you spend on transport each week/month? Consider parents travel as well as children, school run etc.
- Is there another/more convenient form of transport you would take if you had enough money?

SOCIAL & CULTURAL PARTICIPATION & GOODS TO PROMOTE DEVELOPMENT

- What do you spend each month on mobile phones, school trips, after-school activities, occasional family outings etc?
- What do you spend on toys?
- What do you spend on educational materials (school supplies etc)?
- What do you spend on presents and celebrations including birthdays, christenings, funerals, naming ceremonies, religious celebrations etc?